

**ENHANCING READING COMPREHENSION SKILL THROUGH
ONE STAY REST STRAY TECHNIQUE OF THE TENTH
GRADE STUDENTS AT MA NURUL FALAH AIRMESU**



A THESIS

**Submitted to the Undergraduate School in Partial Fulfillment of the
Requirements for the Degree of
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By

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Hereby declare the fact that in my thesis entitled "Enhancing Reading Comprehension through One Stay Rest Stray Technique of The Tenth Grade Students at MA Nurul Falah Air Mesu" is the original work or research of my own and not the works that have been proposed by other people to obtain a degree at a college. Furthermore, I aware that I have quoted some statements and ideas from a lot of source such as books, articles, and etc. All quotations are properly acknowledged.

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MOTTO

**“ You are braver than you believe, stronger than you seem,
and smarter than you think.”**

“ There is no ease without prayer ”

“ So truly where there is hardship there is also ease”

(Q.S Al-Insyirah:5)

**“ Success is not measured by how many times you fall, but
by how often you get back up.”**

DEDICATION

Bismillahirrahmanirrahim...

In the name of Allah SWT, the Greatest, the Most Gracious, and the Most Merciful, who has granted me health and the opportunity to study and complete this thesis. Prayers and salutations are also conveyed to the Prophet Muhammad SAW, who has guided humanity out of the age of ignorance.

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NURUL FALAH AIRMESU**

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Abstract

This study aimed to discover if there was a significant difference between the students that used the one stay rest stray technique in reading comprehension skill and the students without used one stay rest stray technique at the tenth grade of MA Nurul Falah Air Mesu. This researcher used a quantitative method with quasi-experimental design. This research was conducted at MA Nurul Falah Air Mesu. The populations of this research were the Tenth grade students consisting of two classes, namely X3 and X4 classes. The samples of this research was 40 students from both classes, namely 20 students as the experimental group and 20 students as the control group. Both groups were given a pre-test and post- test focusing on narrative text to measure their reading comprehension. The data were analyzed using t-test in SPSS 26. The statistical analysis showed that the mean post-test score for the experimental group was 80.75, while the control group scored 68.19. The mean difference between the two groups was 12.10, with a standard error of 2.101. The Sig. (2-tailed) value was 0,000, and the t-obtained = 5.758, which was higher than the critical value of t-table = 2.00 at the 0.05 significance level with 38 degrees of freedom. Therefore, the Null hypothesis (Ho) was rejected and the alternative hypothesis (Ha) was accepted. This means there was a significant difference in reading comprehension skill between students taught One Stay Rest Stray technique and those who were not. In conclusion, the One Stay Rest Stray technique is effective to improve students' reading comprehension skill.

Keywords: One Stay Rest Stray Technique, Reading Comprehension skill, Narrative text

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Bangka, 20 October 2025

The Researcher



Miranti

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